

Aural Addiction

A BLOG FOR THE MUSICALLY OBSESSED

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HELEN SLATER EXPLORES THE MYTHS OF ANCIENT GREECE

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Posted on November 1, 2013 by Miss J

Artist: Helen Slater

Album: Myths of Ancient Greece

Link: <https://itunes.apple.com/us/album/the-myths-of-ancient-greece/id697431970>



How did you come up with the concept for your new record, Myths of Ancient Greece?

I have always loved Greek Myths since I was a child. Originally, I wanted to do some of the pieces as a musical. My producer suggested the format that ultimately became the children's record.

Are there other genres of music you would like to try? Which ones would you like to avoid, if any?

I would like to write a musical.

What first got you into music?

Carole King. Carly Simon. "Free to Be You and Me" (Marlo Thomas record). Stephen Sondheim.

When you're lacking in inspiration, how do you kick start your creativity?

This is an excellent question! Sometimes I just let it be...go for a walk. Trust that the idea is percolating. Other times when I am clear about the idea but haven't written it yet, I will turn off the phone, the computer, and any other distractions and designate a certain amount of time to just do it. Even if it's bad. 😊

Is there anything about you or your music that people don't know about and you'd like to share?

I always compose on the piano. And I loved the process of making this record in Nashville. We tracked the album live in two days. Everything! Vocals, instruments. It was one of the most amazing experiences of my life.