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AVEDA

Actress Helen Slater Educates And Entertains With "Myths Of Ancient Greece"



Los Angeles, CA (Top40 Charts/ LaFamos PR) Exploring diverse avenues of her creativity is the prolific and talented actor and [singer-songwriter](#) Helen Slater, who is releasing the educational album, Myths of Ancient Greece. Exercising her off-screen chops and passion for furthering child education, Helen created this project to make it easier for young children to understand Greek mythology and acquire the stories in an exciting and engaging way. Mixing narration with song and rhyme, Helen puts aside her long resume of acting credentials to teach and entertain all lovers of Greek mythology. Academy Award Winner Helen Hunt praised Slater's album, saying "Finally something nourishing and fun to play for our kids."

Continuously evolving as an artist, Helen decided to take a different route in sharing her wisdom of Greek mythology. Geared towards making Greek mythology education more exhilarating, Myths of Ancient Greece opens with a pleasant introduction leading to a melodious [song](#), naming twelve different Grecian Gods and Goddesses on Mount Olympus and the lesser Gods down on Earth. Each story serves as a learning module for understanding why things are what they are and assists children in placing complex situations into perspective. In each chapter, Helen emphatically narrates the story in short and then develops it with a perfectly fitting song in which she eloquently adds her voice to. Within these five separate stories, she answers questions, like how the seasons came to be with the story of Demeter & Persephone, to the complexities of falling in love with the popular story of Cupid & Psyche. Other myths that can be heard on the album are Perseus & Medusa, a darker tale addressing love and war, Orpheus & Eurydice and Echo & Narcissus. Covering a range of subject matter, Helen does a stellar job of depicting each character, something that comes very natural to her. The children's album is now available for purchase on iTunes.

Longtime actress Helen Slater has gone above and beyond in her career, delving into the worlds of television, movies, [music](#) and theater. The graduate of the famed High School of Performing Arts has played a multitude of different personas and manages to stay true to each character at all times. With extreme professionalism, Helen displays a versatility and dynamic ability that has been a key factor in the longevity of her career. Helen's acting debut was in the ABC after-school special Amy & the Angel, which aired in 1982, co-starring with [James](#) Earl Jones, Meg Ryan, and Matthew Modine. Her breakout role on the big screen was her lead role in the 1984 superhero film Supergirl, alongside Faye Dunway and [Peter](#) O'Toole. Since then, she has received critical acclaim starring in comedy-drama films such as Ruthless People, The Secret of My Success, and City Slickers. Her career continued to catapult as she embarked on the action-crime drama No Way Back before appearing in the Fox original [movie](#) 12:01, Hallmark Hall of Fame's Best [Friends](#) for Life with Gena Rowlands, Toothless with Kirstie Alley and Lifetime's The Good Mother. Helen Slater has also guest-

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starred in the highly popular TV shows Smallville, Grey's Anatomy, Seinfeld and Supernatural, to name a few. Helen keeps herself busy in between gigs performing in West Hollywood at SHPLOTZ! on Sunday nights and donating her time and expertise as one of the founding members of the Los Angeles improvisational group, The Bubalaires. No stranger to the stage, Helen has also been in off-Broadway productions such as [Almost](#) Romance and Responsible Parties. Most recently, viewers saw Helen Slater on ABC's The Lying [Game](#) as Kristen Mercer.

With the ease of completing this project and the passion fueled behind it, Helen Slater has created a package that will have parents racing to consume it and children begging for story time. Helen Slater's fourth [musical](#) release, Myths of Ancient Greece can be purchase on iTunes now! Stay tuned by visiting [www.HelenSlater.com](#).

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